



# Impact Report | 2018–2019

*Prepared by the Research & Evaluation Center*



**Healthy Children | Thriving Families | Empowered Communities**



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**Children's Institute (CII)** is the largest agency of its kind working to transform the lives of children exposed to adversity and poverty in Los Angeles.



We support transformation by offering a comprehensive array of trauma-informed programs and services including:

### Early Childhood Services

- Promote healthy development
- Strengthen parenting skills



**84%** of children with a developmental delay at intake improve within a year

### Behavioral Health & Wellness

- Support positive coping and mental health
- Provide psychoeducation



**84%** of children have meaningful improvement in trauma symptoms within a year

### Community Innovations

- Build trauma-resilient families
- Promote mental health awareness



**71%** of families with gun violence exposure are linked to needed services

### Strengthening Families

- Promote family protective factors
- Increase safety and stability



**89%** of families with high need for support improve nurturing and attachment with their child within three months

### Advancing the Field

- Train professionals
- Contribute to thought leadership



**1,150+** hours of professional training provided in 2018-2019

This Impact Report provides snapshots of the goals and outcomes for CII's broad array of programs, based on evaluations through June 30, 2019. It is dedicated to the program staff whose **passion, innovation, partnership, and commitment to equity** make these outcomes possible, and to the children and families who took the time to complete our measures.



# In Your Neighborhood, For Your Family

**We Served**

**25,901**

children and family members  
2018-2019



**children  
served**

**2,659**

## Early Childhood Services

Including center- and home-based education

**3,144**

## Behavioral Health & Wellness

Including evidence-based practices, general therapy, intensive support

**829**

## Community Innovations

Including crisis response, training, systems change

**1,398**

## Strengthening Families

Including in-home services, support groups

**+ 17,871**

## Family Members Served

## Client Profile



**Latino:** 67%    **White:** 4%  
**Black:** 17%    **Asian:** 1%  
**Multiracial:** 9%    **Other:** 1%



## Staff Profile



**966**  
total  
staff



**Female:** 52%  
**Male:** 48%  
**Transgender:** <1%



**Age 0-5:** 18%  
**6-17:** 51%  
**18+:** 31%



**138**  
certified early  
childhood educators

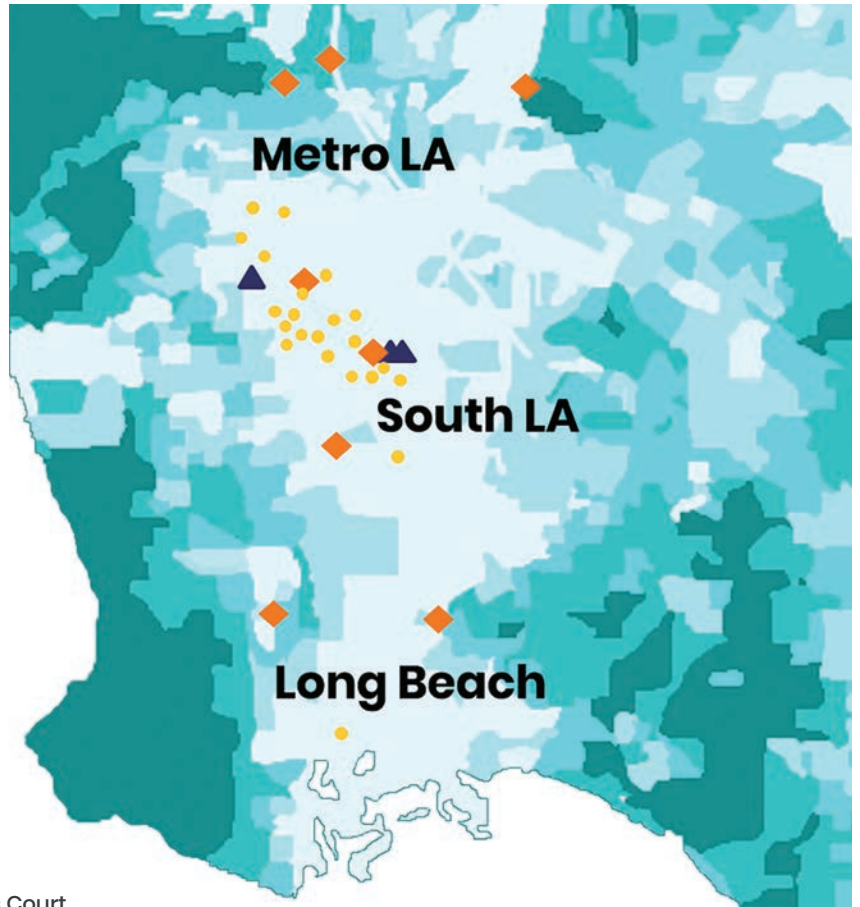


**191**  
clinicians

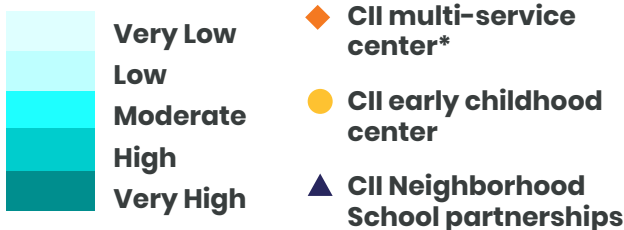
# Where We Are

## Child Opportunity

CII's sites are located in areas of high need



### Child Opportunity:



The Child Opportunity Index is a measure of educational, environmental, and economic opportunity for children. For more information, go to [diversitydatakids.org](http://diversitydatakids.org).<sup>1</sup>

\* Includes satellite location at Edmund D. Edelman Children's Court

### Area Facts

California State

Los Angeles County

CII Service Areas



children ages 0-18 living in poverty<sup>2</sup>



3- and 4-year-olds not enrolled in school<sup>3</sup>



adults who feel their community is unsafe<sup>4,5</sup>

21%

24%

34%

35%

43%

46%

13%

16%

33%



# Family Satisfaction



## Youth

**88%**

learn something  
valuable

**91%**

receive the services  
that are  
right for them

**93%**

get the help they  
want and are satisfied  
with the services  
they receive

**95%**

feel staff  
treat them  
with respect

## Caregivers

**94%**

learn about  
additional resources  
and services  
for their family

**97%**

are satisfied with the  
services their child  
and family receive

**86%**

say their child  
is better at handling  
daily life

**85%**

say their child  
gets along better  
with family  
and friends

Outcomes represent responses from **420 youth surveys** and **703 caregiver surveys** from clients enrolled in Behavioral Health and Wellness, Partnerships for Families, Family Preservation, Individualized Transition Skills Program, or CalWORKs. They are based on the Youth Services Survey and the Youth Services Survey for Families. Both are 25-item program satisfaction surveys on a 5-point Likert scale from “strongly disagree” to “strongly agree.”

# Early Childhood Services

We offer high-quality, early learning opportunities for children ages 0-5 because a child's early years are critical to their development and success.



**84%** of children with a developmental delay at intake improve within a year of receiving CII early childhood education

## WHAT WE KNOW

In Los Angeles...



**87%** of children ages 0-3 with working parents lack access to centers or child care homes<sup>1</sup>



**41%** of preschoolers in low-income families lack access to subsidized early education programs<sup>2</sup>



**70%** of at-risk mothers lack access to an intensive home visitation program<sup>3</sup>



## WHAT WE DO

- ✓ **Head Start and State Preschool:** Center-based preschool
- ✓ **Early Head Start:** Home- and center-based options
- ✓ **Family Childcare Homes:** Licensed in-home childcare centers
- ✓ **Select Home Visitation:** Home-based support for expectant mothers and mothers of newborns
- ✓ **Healthy Moms, Healthy Kids:** Research study about depression and Head Start mothers
- ✓ **Therapeutic Preschool:** Intensive preschool for children with behavioral concerns

# Early Head Start & Head Start

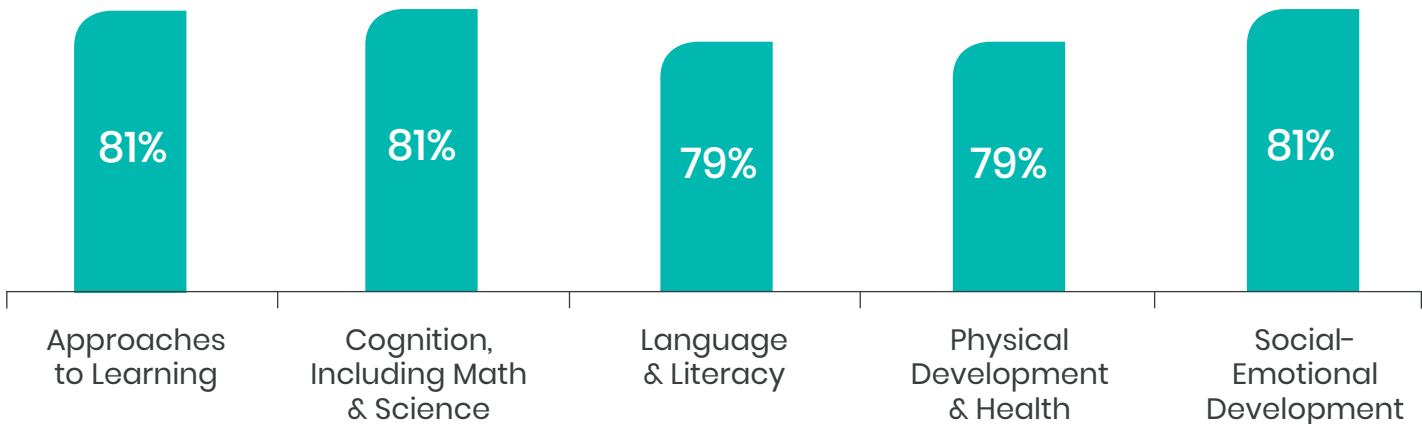
Enrollment	Services	Goals
<p><b>Children served:</b></p> <p><b>338</b> Early Head Start Center-Based</p> <p><b>561</b> Early Head Start Home-Based</p> <p><b>1,334</b> Head Start</p> <p>Children ages 0-5 who meet eligibility based on poverty, homelessness, or foster care status</p>	<ul style="list-style-type: none"> <li>• Center- and home-based options for children 0-3</li> <li>• Preschool for children 3-5</li> <li>• Screening/support for cognitive, social-emotional, and motor development</li> <li>• Support for physical and behavioral health</li> <li>• Dual-generation support for family needs and parental engagement</li> </ul>	<ul style="list-style-type: none"> <li>• Prepare children for the next school level</li> <li>• Promote family engagement in the child's learning</li> <li>• Support economic self-sufficiency</li> <li>• Provide a safety net of supportive services for families</li> </ul>



## Outcomes

### School Readiness

Percentage of infants, toddlers, and preschoolers who improve in each area of school readiness during the school year



### Behavioral Support



**84%** of children referred for behavioral support enroll in treatment with a therapist

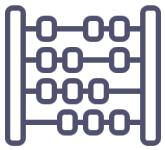


**83%** of preschoolers in an in-classroom intervention have an overall increase in positive behaviors



## Family Engagement in Learning

For families in Head Start and Early Head Start who express need in each area...



**100%** of families learn activities to help their child learn at home



**99%** of families learn to encourage creative play at home

## Family Self-Sufficiency

Percentage of families who learn how to access community resources, such as housing support



**92%** of Head Start families

**94%** of Early Head Start families

## Home-Based Support for Family Protective Factors

The Early Head Start Home-Based program provides weekly home visits for families of children ages 0-3 and expectant mothers.

Home visitors help families strengthen **protective factors**, which are characteristics that reduce risk, such as family functioning, knowledge of parenting, or concrete support.



**90%** of families strengthen at least one protective factor within a year

### Other Early Childhood Education Options

In addition to Head Start and Early Head Start, CII offers:

- ✓ **Licensed Family Childcare Homes** for children ages 0-5  
**282** children served
- ✓ **State Preschool** for children ages 3-5  
**86** children served



# Select Home Visitation

Enrollment	Services	Goals
<p><b>110 mothers served</b></p> <ul style="list-style-type: none"> <li>Mothers of children birth through age 5 and their families</li> <li>Mothers are enrolled at the hospital after giving birth, with some prenatal enrollees</li> </ul>	<p>Weekly home visits where children and families receive dual-generation services:</p> <ul style="list-style-type: none"> <li>Child development support</li> <li>Family functioning and parenting skill strengthening</li> <li>Family goal development</li> <li>Referrals and linkages to other services as needed</li> </ul>	<ul style="list-style-type: none"> <li>Reduce existing risk factors</li> <li>Strengthen family protective factors, such as parenting skills</li> <li>Promote child developmental progress</li> </ul>



## Outcomes

### Child Development

Percentage of children who meet or exceed developmental expectations at one year



- 94%** in communication
- 87%** in gross motor
- 96%** in fine motor
- 94%** in problem solving
- 83%** in personal-social

### Parenting Skills

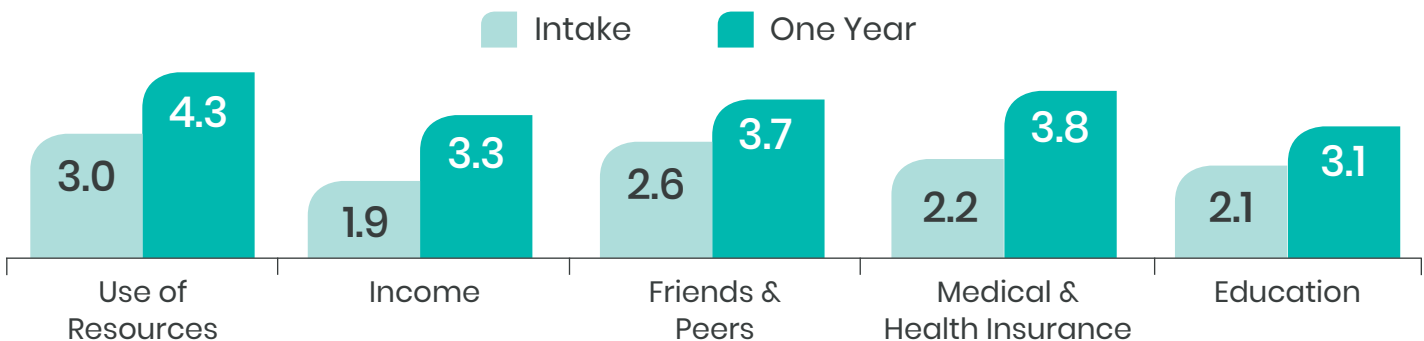
After one year...



- 94%** of mothers know how to help their child learn
- 91%** of mothers know to praise their child for good behavior
- 82%** of mothers have strong knowledge of parenting

### Family Self-Sufficiency

For clients with need at intake; scores range from 1 to 5, with 5 as strength





# Healthy Moms, Healthy Kids

Enrollment	Services	Goals
<p><b>198</b> mothers served</p> <p>Mothers of children who attend Head Start at CII</p>	<p>This federally-funded research study with the University of Southern California compares mothers with depression who were randomly chosen to attend group Interpersonal Psychotherapy, versus those referred to other treatment</p>	<p>Determine if Interpersonal Psychotherapy groups for mothers with depression can be successfully implemented in Head Start; initial results are encouraging</p>



## Outcomes

The mothers who received Interpersonal Psychotherapy experienced...



significantly reduced parenting stress



significantly reduced depressive symptoms

These positive outcomes **remained over time** and were **greater reductions** than the reductions seen by mothers who did not receive Interpersonal Psychotherapy.

# Therapeutic Preschool

Enrollment	Services	Goals
<p><b>15</b> children served for 4 hours each day, Monday through Friday</p> <p>Children ages 3-5 years with serious behavior and emotional concerns who have difficulty succeeding in traditional preschool</p>	<ul style="list-style-type: none"> <li>• Home visits</li> <li>• Social skills groups</li> <li>• Individual, group, and dyadic therapy</li> <li>• Caregiver support meetings</li> <li>• Assistance with accessing community resources</li> </ul>	<ul style="list-style-type: none"> <li>• Improve child behavior and emotional coping</li> <li>• Prepare children to succeed in a traditional school and transfer to a stable school setting</li> <li>• Improve family functioning and support systems</li> </ul>



## Outcomes

According to teacher reports...



**78%** of children decrease depression symptoms by the end of the year



**78%** of children improve their emotional responses by the end of the school year

# Behavioral Health & Wellness

As a leader in trauma-informed care, Children's Institute provides counseling services to children and families exposed to trauma, poverty, or violence.



**81%** of children receiving an evidence-based practice at CII have significant improvement in mental health symptoms by the end of treatment

## WHAT WE KNOW

In Los Angeles...



**80%** of children and youth who need mental health services do not receive them<sup>1</sup>



**10,000+** children were hospitalized for mental health issues in 2016<sup>2</sup>



**33%** of youth reported needing help for emotional or mental health problems<sup>3</sup>



## WHAT WE DO

- ✓ **Evidence-Based Practices (EBPs):** Individual and group therapy models that improve child and youth mental health symptoms
- ✓ **General Therapy:** General counseling for children and families that can be tailored to each individual child's mental health needs
- ✓ **Intensive Services:** Wraparound services for children with acute mental health needs who are at risk for removal by probation or child welfare services



# Evidence-Based Practices

Enrollment	Services	Goals
<p><b>642</b> children served through EBPs</p> <p><b>1,994</b> children served through general therapy</p>	<p>Evidence-based mental health services with a focus on trauma, depression, and behavior problems that affect development, school performance, interpersonal relationships, and emotional well-being</p>	<ul style="list-style-type: none"> <li>• Support children and families recovering from traumatic events</li> <li>• Improve emotional wellness and success in school, with friends, and in the community</li> <li>• Support positive caregiver-child relationships</li> </ul>
<p>Children exposed to trauma, such as neighborhood violence or sexual abuse</p>		



## Outcomes

### Evidence-Based Practices Offered at CII

- Parent-Child Interaction Therapy (PCIT)
- Incredible Years Parenting Program (IY)
- Reflective Parenting Program (RPP)
- Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)
- Managing and Adapting Practices (MAP)
- Functional Family Therapy (FFT)
- Child Parent Psychotherapy (CPP)
- Trauma Systems Therapy (TST)
- Problematic Sexual Behaviors Program (PSB)



**84%** of children in **PCIT, IY, RPP, & MAP-Disruptive Behavior** have meaningful improvement in behavior problems



**82%** of youth in **MAP, FFT, & TF-CBT** have improved mental health functioning



**80%** of youth in **TF-CBT** have reduced trauma symptoms



**77%** of youth in **TST-Substance Abuse** groups decrease their substance use



**92%** of children in **CPP** have reduced trauma symptoms



**96%** of youth in **PSB** experience behavior improvement over six weeks

# Intensive Services

Enrollment	Services	Goals
<p><b>310</b> youth served</p> <ul style="list-style-type: none"> <li>• Children with severe behavioral and mental health needs</li> <li>• Children at risk of being removed from their home by child protective services or probation</li> </ul>	<ul style="list-style-type: none"> <li>• 24/7 crisis services</li> <li>• Intensive care planning and management</li> <li>• Peer and parent support</li> <li>• Skill building supports</li> <li>• Counseling</li> <li>• Wraparound services</li> <li>• Advocacy for health care, housing, education, economic, and other needs</li> </ul>	<ul style="list-style-type: none"> <li>• Support children and families recovering from traumatic events</li> <li>• Improve emotional wellness and success in school, with friends, and in the community</li> <li>• Support positive caregiver-child relationships</li> <li>• Increase safety and stability in home or placement</li> </ul>



## Outcomes

### After three months...



**53%** of children have increased school attendance



**92%** of children who reported not receiving needed medical services at intake are receiving them



**47%** of children have higher grades in school



**75%** of children who reported violent encounters over the past year at intake report no additional violent encounters



**1/3** of families have increased household income



**50%** of children who reported using substances at intake do not use substances



# Community Innovations

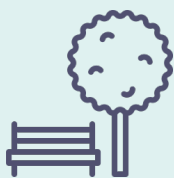
Working with parents, schools, and community organizations, Community Innovations raises awareness about trauma and increases access to mental health services for children ages 0-15.



## 71% of families served by CII after gun violence exposure are linked to needed services

## WHAT WE KNOW

In Los Angeles...



**22%** of children living in South Los Angeles do not have easy access to a safe place to play<sup>1</sup>



**60%** of adults living in South Los Angeles consider their neighborhood to be unsafe<sup>2</sup>



**40%** of children exposed to gun violence will develop Post-Traumatic Stress Disorder<sup>3</sup>



## WHAT WE DO

- ✓ **Project Fatherhood:** Support for fathers across all areas of life
- ✓ **Project ABC:** Systems of care reform and mental health services for children ages 0-5
- ✓ **Children Exposed to Gun Violence:** Crisis response and mental health and trauma trainings
- ✓ **Developing Trauma-Resilient Communities Through Community Capacity Building:** Community organizing to prevent trauma and increase access to support services

# Project Fatherhood

Enrollment	Services	Goals
<p><b>549</b> fathers served</p> <p>Fathers with children under 24 years old, including fathers involved in the child welfare and criminal justice systems</p>	<ul style="list-style-type: none"> <li>• Weekly parenting support groups</li> <li>• Family counseling and engagement</li> <li>• Job training and employment assistance</li> <li>• Healthy marriage and relationships workshops</li> </ul>	<ul style="list-style-type: none"> <li>• Fathers learn to be more loving, responsible caregivers</li> <li>• Fathers become active participants in their children's lives</li> <li>• Fathers gain or maintain employment</li> </ul>



## Outcomes

### Employment

After participating in the program...



**96%** of fathers know how to apply for a job

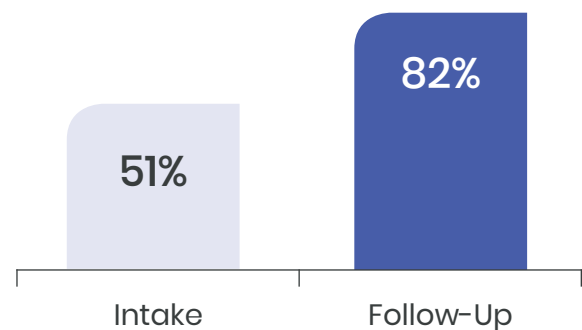


**100%** fathers are confident in their ability to conduct an effective job search



**96%** of fathers are confident in their interviewing skills

Percentage of fathers with employment



### Family Unification



**74%** of fathers report spending more time with their children after participating in the program

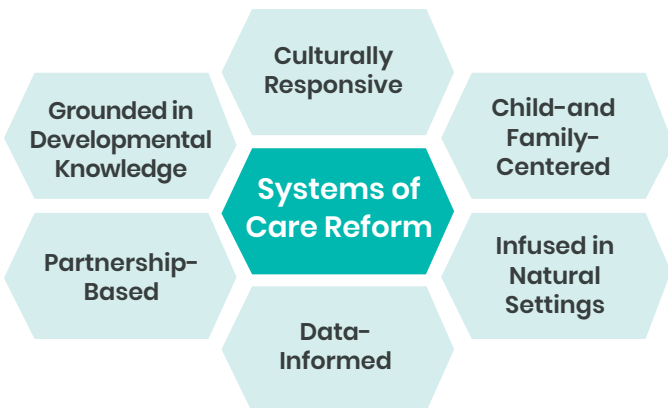
# Project ABC

Enrollment	Services	Goals
<p><b>78 families with children ages 0–5 served</b></p> <p>Children ages 0–5 with mental health concerns who are involved in or at risk of involvement in the child welfare system, and their families</p>	<ul style="list-style-type: none"> <li>• SAMHSA-funded collaborative partnership among child welfare, mental health, and community-based agencies</li> <li>• Evidence-based practices for children ages 0–5 and their families</li> <li>• Training for the 0–5 workforce</li> </ul>	<ul style="list-style-type: none"> <li>• Improve mental health and strengthen families</li> <li>• Reduce mental health stigma and increase access to and utilization of mental health services</li> <li>• Create a system of care for children who could benefit from mental health services</li> <li>• Strengthen and expand the 0–5 workforce</li> </ul>



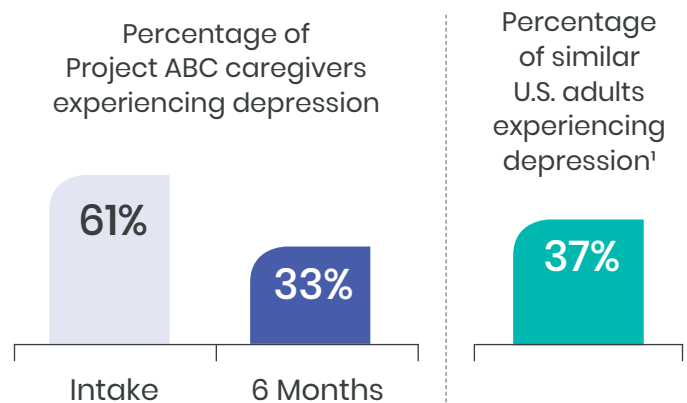
## Approach

We collaborate with partner agencies and communities to reform systems of care, using multiple proven strategies:



## Outcomes

### Mental Health



**70%** of children experience a reduction in mental health needs within 6 months

### Protective Factors



**85%** of families strengthen at least one protective factor, such as knowledge of parenting and attachment



# Children Exposed to Gun Violence in Watts

Enrollment	Services	Goals
<p><b>67</b> children served</p> <p><b>1,840</b> community event and training attendees</p> <ul style="list-style-type: none"> <li>• Children and families exposed to gun violence</li> <li>• Community members and professionals</li> </ul>	<ul style="list-style-type: none"> <li>• We partner with Los Angeles Police Department and the Los Angeles City Attorney’s Office</li> <li>• Crisis counseling</li> <li>• Case management and linkages to services</li> <li>• School, community, and professional training related to gun violence, trauma, and mental health</li> </ul>	<ul style="list-style-type: none"> <li>• Increase family capacity to cope with trauma</li> <li>• Increase family access to supportive resources</li> <li>• Increase knowledge of gun violence-related trauma</li> <li>• Increase trauma-informed care in schools</li> </ul>



## Success Stories



**71%** of children and their families exposed to gun violence are linked to necessary resources and services

### Case Management: Rosa\*

Rosa and her family were no strangers to gun violence. Their home was located near the entryway of a housing development where shots were often fired. Program staff reached out to the family after Rosa’s son’s girlfriend was injured in a shooting. After some hesitation, Rosa eventually agreed to services. She expressed a desire to support her family’s well-being, informing staff that both she and her older son had previously been injured by gun violence and that all her children slept in one room for fear of bullets entering their home. Rosa and other family members were linked with individual and family therapy and victims of crime compensation, which ultimately enabled the family to relocate to a new home. Rosa and her family now feel safer and more at ease.

### Crisis Counseling: Nick\*

Nick, a 15-year-old boy, witnessed his father shot in front of his home. When program staff reached out to the family following a call from the Los Angeles Police Department, Nick was shaken, angry, and wanted to seek retaliation. He met with his crisis counselor once a week to explore and process his feelings. After successfully completing his counseling sessions, Nick said that he benefited from meeting with his counselor because his thoughts and feelings were validated and understood. Nick was linked to other Behavioral Health and Wellness services at Children’s Institute for continued support.

\* Names have been changed

# Developing Trauma-Resilient Communities Through Community Capacity Building

Enrollment	Services	Goals
<p>Children birth through age 15 living in South Los Angeles and Compton, and their families</p>	<p>Integrated network of care, including case navigation, parent education and support groups, community events, and behavioral health screenings and support. We partner with:</p> <ul style="list-style-type: none"> <li>• St. John’s Well Child and Family Center</li> <li>• Watts Leadership Institute (WLI)</li> <li>• Partners for Children South LA (PCSLA)</li> </ul>	<ul style="list-style-type: none"> <li>• Support community-driven solutions for healing and build capacity to address trauma</li> <li>• Create a sustainable framework for outreach and engagement, resource and service provision, and training</li> </ul>



## Outcomes

### Power of Wellness

In May 2019, Children’s Institute presented the *Power of Wellness: Community Connections* kickoff event. The event for professionals and community members included:

- **807** attendees
- **125** staff and volunteers
- **56** community organizations

**95%** of attendees had a better understanding of health and wellbeing

**90%** of attendees thought they would be more likely to seek out mental health services, due to what they learned

### Community Engagement



**165** caregivers and pregnant/parenting teens served through PCSLA support groups



**481** clients from 202 families enrolled into the PCSLA Early Childhood System of Care



**41** listening sessions, focus groups, and individual interviews hosted by CII and WLI to learn about residents’ experiences with trauma



**186** community meetings held on topics including trauma and community capacity building



**42** families referred to mental health treatment

# Strengthening Families

Serving children involved in the child welfare system, these programs empower families to establish safe and stable environments.



**89%** of families with high need for support improve nurturing and attachment with their child after three months in CII programs

## WHAT WE KNOW

In Los Angeles...



**18,512** children experienced out-of-home placement in 2018<sup>1</sup>



**223,000+** annual calls are placed to the Child Protection Hotline of the Department of Children and Family Services<sup>2</sup>



**2,300+** youth transitioning from foster care experience homelessness on any given night<sup>3</sup>



## WHAT WE DO

- ✓ **Prevention and Aftercare:** Dual-generation services for families involved in or at risk of involvement in the child welfare system
- ✓ **CalWORKs:** Support for caregivers experiencing mental health barriers to employment
- ✓ **Family Preservation:** Home-based support to reduce risk of children's out-of-home placement
- ✓ **Partnerships for Families:** Home-based support and community outreach to reduce risk of out-of-home placement for children 0-5
- ✓ **Individualized Transition Skills Program:** One-on-one and group support for youth transitioning out of the foster care system



# Prevention and Aftercare

Enrollment	Services	Goals
<p><b>555</b> children served</p> <p><b>1,060</b> community event attendees</p> <ul style="list-style-type: none"> <li>• Children and families at risk of child maltreatment</li> <li>• DCFS-, community-, or self-referrals</li> </ul>	<p>Integrated network of care, including case navigation, parent education and support groups, community events, and behavioral and mental health support. We partner with:</p> <ul style="list-style-type: none"> <li>• Koreatown Youth and Community Center</li> <li>• Para Los Niños</li> <li>• El Centro Del Pueblo</li> <li>• St. Anne's</li> <li>• Children's Bureau</li> <li>• All People's Community Center</li> </ul>	<ul style="list-style-type: none"> <li>• Strengthen family functioning, social support, and parenting skills</li> <li>• Increase child safety within the home</li> <li>• Prevent child maltreatment and reentry into the public child welfare system</li> <li>• Increase access to supportive resources</li> </ul>



## Outcomes

### Protective Factors



**97%** of families strengthen one or more protective factors, including knowledge of parenting and attachment



**More than half** of clients improve family functioning within the first three months of service

### Parenting Education



**83%** of caregivers improve empathy towards their children's needs

### Community Events



**93%** of clients are likely to recommend Prevention and Aftercare community events to friends and family



# CaIWORKs

Enrollment	Services	Goals
<p><b>182</b> caregivers served</p> <p>CaIWORKs recipients who experience a mental health barrier to employment, and their children</p>	<ul style="list-style-type: none"> <li>• Individual therapy</li> <li>• Weekly employment services for clients receiving individual placement and support, including:               <ul style="list-style-type: none"> <li>• Mock interviews</li> <li>• Life skills groups</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Improve caregivers' daily functioning and mental health</li> <li>• Provide caregivers with the key skills to obtain and maintain successful employment</li> </ul>



## Outcomes

### Mental Health

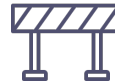


**92%** of caregivers experience decreased distress from mental health symptoms

### Daily Functioning



**90%** of caregivers have lower stress and anxiety levels



**67%** of caregivers have fewer barriers to employment

### Employment



**40%** of caregivers obtain or maintain employment



**70%** of caregivers improve their application and job search skills



**65%** of caregivers have better access to financial resources



**61%** of caregivers have strong interviewing skills



# Family Preservation

Enrollment	Services	Goals
<p><b>507</b> caregivers served</p> <p><b>1,190</b> family members served</p> <ul style="list-style-type: none"> <li>Families with an open case with the Department of Children and Family Services</li> <li>Families who are at risk for child maltreatment</li> </ul>	<ul style="list-style-type: none"> <li>Weekly home visits</li> <li>Care planning with family members and key service providers</li> <li>Parent training and education</li> <li>Support for basic needs, such as auxiliary funds and transportation</li> <li>Linkages to additional services as needed</li> </ul>	<ul style="list-style-type: none"> <li>Reduce risk for child out-of-home placement</li> <li>Build family protective factors</li> <li>Successful resolution of DCFS or court involvement</li> <li>Family reunification</li> </ul>



## Outcomes

### Family Self-Sufficiency



**78%** of families meet their care plan goals



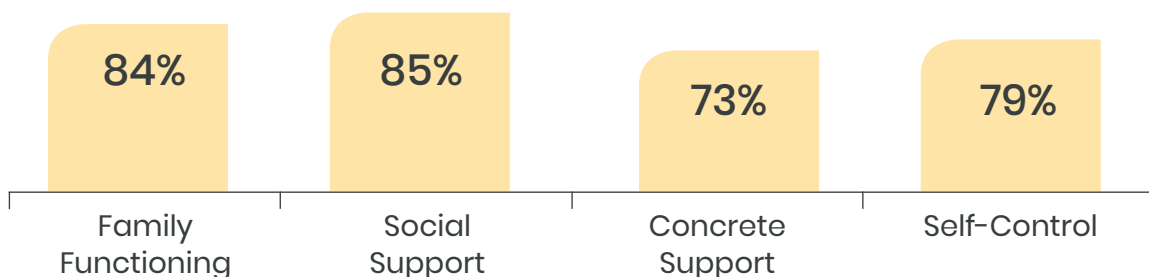
**92%** of caregivers use other resources in the community that they have learned about through Family Preservation



**94%** of caregivers get all the help they need

### Protective Factors

Percentage of families with high needs at intake and improvement after 3 months





# Partnerships for Families

Enrollment	Services	Goals
<p><b>110</b> caregivers served</p> <p><b>351</b> family members served</p> <ul style="list-style-type: none"> <li>Self-referred families who are expecting a child or have a child ages 0-5</li> <li>Families with children ages 0-5 referred by the Department of Children and Family Services (DCFS)</li> </ul>	<ul style="list-style-type: none"> <li>Home visitation</li> <li>Care planning and management</li> <li>Parenting education</li> <li>Developmental screenings and early childhood interventions</li> <li>Community outreach and workshops</li> </ul>	<ul style="list-style-type: none"> <li>Build protective factors and reduce risk factors</li> <li>Promote access to services and supports for families</li> <li>Prevent future DCFS involvement</li> <li>Support child development</li> </ul>



## Outcomes

### Child Development

Percentage of children who meet developmental expectations or show improvement



**85%** in communication skills



**89%** in gross motor skills



**85%** in personal-social skills

### Family Strengthening



**91%** learn about other resources or services for their families



**97%** of families improve in one or more protective factors, including knowledge of parenting and attachment



**74%** use other resources or services that were recommended by CII staff

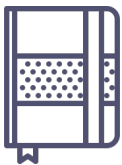
# Individualized Transition Skills Program

Enrollment	Services	Goals
<p><b>527</b> youth served</p> <p>Youth ages 16-21 with current or former foster care involvement</p>	<ul style="list-style-type: none"> <li>Individualized, one-on-one support</li> <li>Monthly workshops that build life skills</li> <li>Fostering Social Skills (FS<sup>2</sup>), a seven-month, small group program that covers mental and sexual health, life skills, and substance use</li> </ul>	<ul style="list-style-type: none"> <li>Ensure youth transition successfully to adulthood</li> <li>Provide youth with the social support, concrete support, and life skills needed to lead healthy and productive lives</li> </ul>



## Outcomes

### Furthering Education



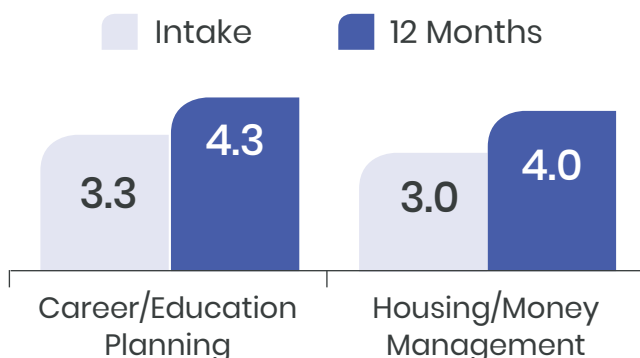
**77%** of high school seniors graduated and were accepted to college

### Fostering Social Skills

*"This group meeting has been the best for me, physically, spiritually, and emotionally."*

### Building Life Skills

Skills rated on a scale from 1 to 5, with high scores indicating strength



**96%** learn how to cope with real life situations



**96%** are clearer about their goals and how to achieve them



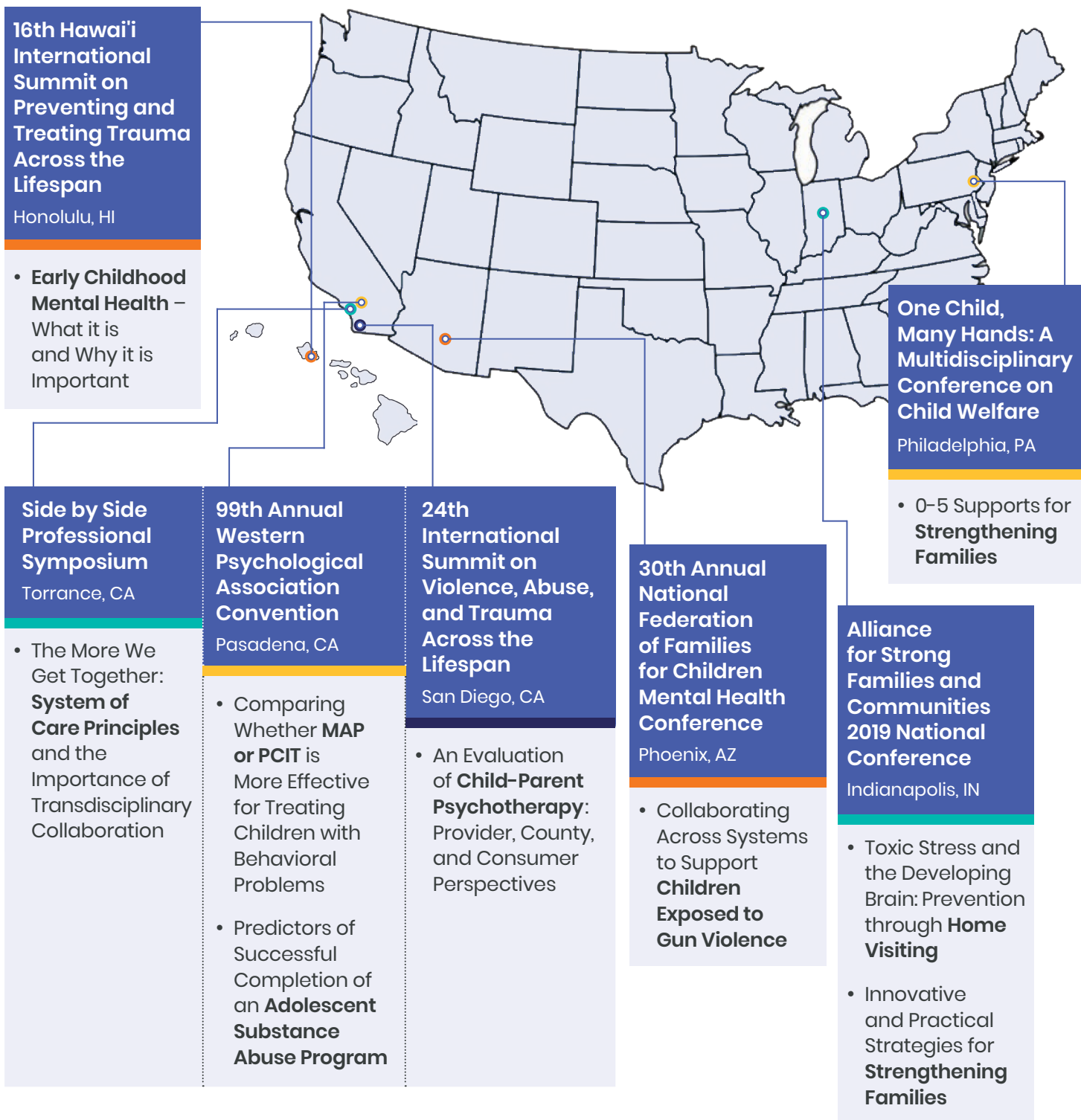
**96%** learn a lot about social and leadership skills



**88%** make friends through the program

# Advancing the Field of Child & Family Services

## 2018–2019 Conference Presentations





# Strengthening the Workforce

## Children's Institute Training

In 2018–2019, CII provided:

- **1,154** total hours of training to **12,496** professionals

# of professionals trained by area:

- Evidence-based practices: **284**
- Project ABC-affiliated trainings: **2,212**
- Fatherhood: **1,740**
- Early childhood education: **4,787**
- Other clinical and community trainings: **3,473**

# of graduate-level students CII trained:

- **20** Doctoral and Master's-level students



## 12th Annual Fatherhood Solution Conference

In June 2019, CII hosted the Fatherhood Solution Conference, “Fatherhood Involvement: Shaping the Next Generation”

**428** participants attended

**14** workshops presented on:

- Father mental wellness
- Early care and education
- Community support
- Health education
- Family healing and engagement



# Measures by Program

Measures are the surveys and questionnaires that CII clients and staff complete in order to evaluate client needs and program outcomes. The measures listed below represent only those used in the creation of this report.

## Early Childhood Programs

Ages and Stages Questionnaire, Third Edition

### Early Head Start & Head Start

Desired Results Developmental Profile

Protective Factors Survey

Family Outcomes Survey

Parent Survey

### Select Home Visitation

Life Skills Progression

Protective Factors Survey

Ages and Stages Questionnaires, Third Edition

### Healthy Moms, Healthy Kids

Center for Epidemiologic Studies Depression Scale

Parenting Stress Index

### Therapeutic Preschool

Caregiver-Teacher Report Form

## Behavioral Health & Wellness

Youth Outcome Questionnaire

### Evidence-Based Practices

Trauma Symptoms Checklist for Young Children

Eyberg Child Behavior Checklist

UCLA PTSD Reaction Index—Child/Adolescent

Youth Outcome Questionnaire—Self-Report

Substance Abuse Subtle Screening Inventory

Youth Sexual Behavior Inventory

### Intensive Services

Outcome Measures Application

## Community Innovations

### Project Fatherhood

nForm

### Project ABC

Protective Factors Survey

Center for Epidemiologic Studies Depression Scale

Baby Pediatric Symptom Checklist

Preschool Pediatric Symptom Checklist

Pediatric Symptom Checklist-17

### Developing Trauma-Resilient Communities Through Community Capacity Building

Power of Wellness Event Satisfaction Survey

## Strengthening Families

Protective Factors Survey

### Prevention and Aftercare

Protective Factors Survey

Community Event Survey

Adult-Adolescent Parenting Inventory

### CalWORKs

Symptom Checklist

Perceived Stress Scale

Employment Barrier Questionnaire

Job Skill Questionnaire

Financial Knowledge Questionnaire

### Family Preservation

Protective Factors Survey

Youth Services Survey for Families

### Partnerships for Families

Ages and Stages Questionnaires, Third Edition

Protective Factors Survey

Youth Services Survey for Families

### Individualized Transition Skills Program

Casey Life Skills Assessment

Financial Literacy Survey

Barriers to Employability Staff-Report

FS<sup>2</sup> Satisfaction Survey

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# Credits

## Research & Evaluation Center

### LEAD EDITORS

**Vera Stiefler Johnson**  
*Senior Research Associate*

**Diana Macias**  
*Research Associate*

**Elana Muldavin**  
*Research Associate*

### CONTRIBUTORS

**Bruce L. Baker, PhD**  
*Consultant*

**Amina Jones Fields**  
*Director*

**Bill Monro**  
*Consultant*

**Lucia Perez-Gutierrez**  
*Research Associate*

**O'Brian Henriquez**  
*Research Assistant*

**Alyssa Herman**  
*Research Assistant*

**Delia Melendrez-Gomez**  
*Research Assistant*

**Sarah Moreno**  
*Research Assistant*

**Jesus Palapa**  
*Research Assistant*

**Kira L. Donaldson**  
*Research Assistant*

**Denise Alvarez**  
*Research Assistant*

## Executive Staff

**Martine Singer**  
*President &  
Chief Executive Officer*

**Catherine Atack**  
*Senior Vice President &  
Chief Development Officer*

**James Colon, EdD, MBA**  
*Senior Vice President &  
Chief People Officer*

**Eugene D. Straub**  
*Executive Vice President &  
Chief Financial & Operating Officer*

**Todd Sosna, PhD**  
*Chief Program Officer*

## Photography & Design

**Salvador Paniagua**  
*Photographer*

**Greg Huebner**  
*Photographer*

**Jennifer Rzepka**  
*Graphic Designer*





**2121 W. Temple Street  
Los Angeles, CA 90026  
213.260.7600**

1522 E. 102nd Street  
Los Angeles, CA 90002

711 S. New Hampshire Avenue  
Los Angeles, CA 90005

1500 Hughes Way  
Long Beach, CA 90810

7226 S. Figueroa Street  
Los Angeles, CA 90003

**[childrensinstitute.org](http://childrensinstitute.org)**

