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Children’s Institute (CII) is the largest agency of its kind working to transform the lives of children exposed to adversity and poverty in Los Angeles.

We support transformation by offering a comprehensive array of trauma-informed programs and services including:

**Early Childhood Services**
- Promote healthy development
- Strengthen parenting skills

84% of children with a developmental delay at intake improve within a year.

**Behavioral Health & Wellness**
- Support positive coping and mental health
- Provide psychoeducation

84% of children have meaningful improvement in trauma symptoms within a year.

**Community Innovations**
- Build trauma-resilient families
- Promote mental health awareness

71% of families with gun violence exposure are linked to needed services.

**Strengthening Families**
- Promote family protective factors
- Increase safety and stability

89% of families with high need for support improve nurturing and attachment with their child within three months.

**Advancing the Field**
- Train professionals
- Contribute to thought leadership

1,150+ hours of professional training provided in 2018-2019.

This Impact Report provides snapshots of the goals and outcomes for CII’s broad array of programs, based on evaluations through June 30, 2019. It is dedicated to the program staff whose passion, innovation, partnership, and commitment to equity make these outcomes possible, and to the children and families who took the time to complete our measures.
In Your Neighborhood, For Your Family

We Served 25,901 children and family members 2018-2019

We Provided:

- **Early Childhood Services**: Including center- and home-based education
  - 2,659 children served

- **Behavioral Health & Wellness**: Including evidence-based practices, general therapy, intensive support
  - 3,144

- **Community Innovations**: Including crisis response, training, systems change
  - 829

- **Strengthening Families**: Including in-home services, support groups
  - 1,398

+ **17,871** Family Members Served

### Client Profile

- **Latino**: 67%
- **Black**: 17%
- **Multiracial**: 9%
- **White**: 4%
- **Asian**: 1%
- **Other**: 1%
- **Female**: 52%
- **Male**: 48%
- **Transgender**: <1%
- **Age 0-5**: 18%
- **6-17**: 51%
- **18+**: 31%

### Staff Profile

- **966 total staff**
- **138 certified early childhood educators**
- **191 clinicians**
Where We Are

CII’s sites are located in areas of high need

Child Opportunity

Where CII’s sites are located:
- Areas of high need
- Children ages 0-18 living in poverty
- 3- and 4-year-olds not enrolled in school
- Adults who feel their community is unsafe

CII’s sites are located in:
- California
- Los Angeles County
- CII Service Areas

Child Opportunity Index:
- Very Low
- Low
- Moderate
- High
- Very High

Area Facts

- Children ages 0-18 living in poverty
- 3- and 4-year-olds not enrolled in school
- Adults who feel their community is unsafe

<table>
<thead>
<tr>
<th>Area Facts</th>
<th>California State</th>
<th>Los Angeles County</th>
<th>CII Service Areas</th>
</tr>
</thead>
<tbody>
<tr>
<td>living in poverty</td>
<td>21%</td>
<td>24%</td>
<td>34%</td>
</tr>
<tr>
<td>not enrolled in school</td>
<td>35%</td>
<td>43%</td>
<td>46%</td>
</tr>
<tr>
<td>feel their community is unsafe</td>
<td>13%</td>
<td>16%</td>
<td>33%</td>
</tr>
</tbody>
</table>

The Child Opportunity Index is a measure of educational, environmental, and economic opportunity for children. For more information, go to diversitydatakids.org.

*Includes satellite location at Edmund D. Edelman Children’s Court
Family Satisfaction

Youth

88% learn something valuable
91% receive the services that are right for them
93% get the help they want and are satisfied with the services they receive
95% feel staff treat them with respect

Caregivers

94% learn about additional resources and services for their family
97% are satisfied with the services their child and family receive
86% say their child is better at handling daily life
85% say their child gets along better with family and friends

Outcomes represent responses from 420 youth surveys and 703 caregiver surveys from clients enrolled in Behavioral Health and Wellness, Partnerships for Families, Family Preservation, Individualized Transition Skills Program, or CalWORKs. They are based on the Youth Services Survey and the Youth Services Survey for Families. Both are 25-item program satisfaction surveys on a 5-point Likert scale from "strongly disagree" to "strongly agree."
Early Childhood Services

We offer high-quality, early learning opportunities for children ages 0–5 because a child’s early years are critical to their development and success.

84% of children with a developmental delay at intake improve within a year of receiving CII early childhood education.

WHAT WE KNOW

In Los Angeles...

87% of children ages 0–3 with working parents lack access to centers or child care homes.

41% of preschoolers in low-income families lack access to subsidized early education programs.

70% of at-risk mothers lack access to an intensive home visitation program.

WHAT WE DO

Head Start and State Preschool: Center-based preschool

Early Head Start: Home- and center-based options

Family Childcare Homes: Licensed in-home childcare centers

Select Home Visitation: Home-based support for expectant mothers and mothers of newborns

Healthy Moms, Healthy Kids: Research study about depression and Head Start mothers

Therapeutic Preschool: Intensive preschool for children with behavioral concerns
### Early Head Start & Head Start

<table>
<thead>
<tr>
<th>Enrollment</th>
<th>Services</th>
<th>Goals</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Children served:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>338 Early Head Start Center-Based</td>
<td>- Center- and home-based options for children 0-3</td>
<td>- Prepare children for the next school level</td>
</tr>
<tr>
<td>561 Early Head Start Home-Based</td>
<td>- Preschool for children 3-5</td>
<td>- Promote family engagement in the child’s learning</td>
</tr>
<tr>
<td>1,334 Head Start</td>
<td>- Screening/support for cognitive, social-emotional, and motor development</td>
<td>- Support economic self-sufficiency</td>
</tr>
<tr>
<td></td>
<td>- Support for physical and behavioral health</td>
<td>- Provide a safety net of supportive services for families</td>
</tr>
<tr>
<td></td>
<td>- Dual-generation support for family needs and parental engagement</td>
<td></td>
</tr>
</tbody>
</table>

- Children ages 0-5 who meet eligibility based on poverty, homelessness, or foster care status

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### Outcomes

#### School Readiness

Percentage of infants, toddlers, and preschoolers who improve in each area of school readiness during the school year

- **Approaches to Learning:** 81%
- **Cognition, Including Math & Science:** 81%
- **Language & Literacy:** 79%
- **Physical Development & Health:** 79%
- **Social-Emotional Development:** 81%

#### Behavioral Support

- **84%** of children referred for behavioral support enroll in treatment with a therapist
- **83%** of preschoolers in an in-classroom intervention have an overall increase in positive behaviors
**Family Engagement in Learning**

For families in Head Start and Early Head Start who express need in each area...

- **100%** of families learn activities to help their child learn at home
- **99%** of families learn to encourage creative play at home

**Family Self-Sufficiency**

Percentage of families who learn how to access community resources, such as housing support

- **92%** of Head Start families
- **94%** of Early Head Start families

**Home-Based Support for Family Protective Factors**

The Early Head Start Home-Based program provides weekly home visits for families of children ages 0–3 and expectant mothers.

Home visitors help families strengthen protective factors, which are characteristics that reduce risk, such as family functioning, knowledge of parenting, or concrete support.

- **90%** of families strengthen at least one protective factor within a year

**Other Early Childhood Education Options**

In addition to Head Start and Early Head Start, CII offers:

- **✔ Licensed Family Childcare Homes** for children ages 0–5
  - **282** children served

- **✔ State Preschool** for children ages 3–5
  - **86** children served
## Select Home Visitation

<table>
<thead>
<tr>
<th>Enrollment</th>
<th>Services</th>
<th>Goals</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>110 mothers served</strong></td>
<td>Weekly home visits where children and families receive dual-generation services:</td>
<td>• Reduce existing risk factors</td>
</tr>
<tr>
<td>• Mothers of children birth through age 5 and their families</td>
<td>• Child development support</td>
<td>• Strengthen family protective factors, such as parenting skills</td>
</tr>
<tr>
<td>• Mothers are enrolled at the hospital after giving birth, with some prenatal enrollees</td>
<td>• Family functioning and parenting skill strengthening</td>
<td>• Promote child developmental progress</td>
</tr>
<tr>
<td></td>
<td>• Family goal development</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Referrals and linkages to other services as needed</td>
<td></td>
</tr>
</tbody>
</table>

### Outcomes

#### Child Development
Percentage of children who meet or exceed developmental expectations at one year

- **94%** in communication
- **87%** in gross motor
- **96%** in fine motor
- **94%** in problem solving
- **83%** in personal-social

#### Parenting Skills
After one year...

- **94%** of mothers know how to help their child learn
- **91%** of mothers know to praise their child for good behavior
- **82%** of mothers have strong knowledge of parenting

#### Family Self-Sufficiency
For clients with need at intake; scores range from 1 to 5, with 5 as strength

<table>
<thead>
<tr>
<th></th>
<th>Intake</th>
<th>One Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>Use of Resources</td>
<td>3.0</td>
<td>4.3</td>
</tr>
<tr>
<td>Income</td>
<td>1.9</td>
<td>3.3</td>
</tr>
<tr>
<td>Friends &amp; Peers</td>
<td>2.6</td>
<td>3.7</td>
</tr>
<tr>
<td>Medical &amp; Health Insurance</td>
<td>2.2</td>
<td>3.8</td>
</tr>
<tr>
<td>Education</td>
<td>2.1</td>
<td>3.1</td>
</tr>
</tbody>
</table>
### Healthy Moms, Healthy Kids

<table>
<thead>
<tr>
<th>Enrollment</th>
<th>Services</th>
<th>Goals</th>
</tr>
</thead>
<tbody>
<tr>
<td>198 mothers served</td>
<td>This federally-funded research study with the University of Southern California compares mothers with depression who were randomly chosen to attend group Interpersonal Psychotherapy, versus those referred to other treatment</td>
<td>Determine if Interpersonal Psychotherapy groups for mothers with depression can be successfully implemented in Head Start; initial results are encouraging</td>
</tr>
</tbody>
</table>

**Outcomes**

The mothers who received Interpersonal Psychotherapy experienced...

- **significantly reduced parenting stress**
- **significantly reduced depressive symptoms**

These positive outcomes **remained over time** and were **greater reductions** than the reductions seen by mothers who did not receive Interpersonal Psychotherapy.

### Therapeutic Preschool

<table>
<thead>
<tr>
<th>Enrollment</th>
<th>Services</th>
<th>Goals</th>
</tr>
</thead>
</table>
| 15 children served for 4 hours each day, Monday through Friday | • Home visits  
• Social skills groups  
• Individual, group, and dyadic therapy  
• Caregiver support meetings  
• Assistance with accessing community resources | • Improve child behavior and emotional coping  
• Prepare children to succeed in a traditional school and transfer to a stable school setting  
• Improve family functioning and support systems |

**Outcomes**

According to teacher reports...

- **78%** of children decrease depression symptoms by the end of the year
- **78%** of children improve their emotional responses by the end of the school year
As a leader in trauma-informed care, Children’s Institute provides counseling services to children and families exposed to trauma, poverty, or violence.

81% of children receiving an evidence-based practice at CI have significant improvement in mental health symptoms by the end of treatment.

**WHAT WE KNOW**

In Los Angeles...

- **80%** of children and youth who need mental health services do not receive them\(^1\)
- **10,000+** children were hospitalized for mental health issues in 2016\(^2\)
- **33%** of youth reported needing help for emotional or mental health problems\(^3\)

**WHAT WE DO**

- **Evidence-Based Practices (EBPs):** Individual and group therapy models that improve child and youth mental health symptoms
- **General Therapy:** General counseling for children and families that can be tailored to each individual child’s mental health needs
- **Intensive Services:** Wraparound services for children with acute mental health needs who are at risk for removal by probation or child welfare services
## Evidence-Based Practices

<table>
<thead>
<tr>
<th>Enrollment</th>
<th>Services</th>
<th>Goals</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>642</strong> children served through EBPs</td>
<td>Evidence-based mental health services with a focus on trauma, depression, and behavior problems that affect development, school performance, interpersonal relationships, and emotional well-being</td>
<td>• Support children and families recovering from traumatic events</td>
</tr>
<tr>
<td><strong>1,994</strong> children served through general therapy</td>
<td>• Support children and families recovering from traumatic events</td>
<td>• Improve emotional wellness and success in school, with friends, and in the community</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Support positive caregiver-child relationships</td>
</tr>
</tbody>
</table>

Children exposed to trauma, such as neighborhood violence or sexual abuse

## Outcomes

### Evidence-Based Practices Offered at CII

- Parent-Child Interaction Therapy (PCIT)
- Incredible Years Parenting Program (IY)
- Reflective Parenting Program (RPP)
- Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)
- Managing and Adapting Practices (MAP)
- Functional Family Therapy (FFT)
- Child Parent Psychotherapy (CPP)
- Trauma Systems Therapy (TST)
- Problematic Sexual Behaviors Program (PSB)

### Results

- **84%** of children in PCIT, IY, RPP, & MAP–Disruptive Behavior have meaningful improvement in behavior problems
- **82%** of youth in MAP, FFT, & TF–CBT have improved mental health functioning
- **80%** of youth in TF–CBT have reduced trauma symptoms
- **77%** of youth in TST–Substance Abuse groups decrease their substance use
- **92%** of children in CPP have reduced trauma symptoms
- **96%** of youth in PSB experience behavior improvement over six weeks
## Intensive Services

<table>
<thead>
<tr>
<th>Enrollment</th>
<th>Services</th>
<th>Goals</th>
</tr>
</thead>
</table>
| **310 youth served** | - 24/7 crisis services  
- Intensive care planning and management  
- Peer and parent support  
- Skill building supports  
- Counseling  
- Wraparound services  
- Advocacy for health care, housing, education, economic, and other needs | - Support children and families recovering from traumatic events  
- Improve emotional wellness and success in school, with friends, and in the community  
- Support positive caregiver-child relationships  
- Increase safety and stability in home or placement |

### Outcomes

#### After three months...

- **53%** of children have increased school attendance
- **92%** of children who reported not receiving needed medical services at intake are receiving them
- **47%** of children have higher grades in school
- **75%** of children who reported violent encounters over the past year at intake report no additional violent encounters
- **1/3** of families have increased household income
- **50%** of children who reported using substances at intake do not use substances
Community Innovations

Working with parents, schools, and community organizations, Community Innovations raises awareness about trauma and increases access to mental health services for children ages 0-15.

71% of families served by CII after gun violence exposure are linked to needed services

WHAT WE KNOW

In Los Angeles...

22% of children living in South Los Angeles do not have easy access to a safe place to play¹

60% of adults living in South Los Angeles consider their neighborhood to be unsafe²

40% of children exposed to gun violence will develop Post-Traumatic Stress Disorder³

WHAT WE DO

Project Fatherhood: Support for fathers across all areas of life

Project ABC: Systems of care reform and mental health services for children ages 0-5

Children Exposed to Gun Violence: Crisis response and mental health and trauma trainings

Developing Trauma-Resilient Communities Through Community Capacity Building: Community organizing to prevent trauma and increase access to support services
**Project Fatherhood**

<table>
<thead>
<tr>
<th>Enrollment</th>
<th>Services</th>
<th>Goals</th>
</tr>
</thead>
</table>
| **549** fathers served | • Weekly parenting support groups  
• Family counseling and engagement  
• Job training and employment assistance  
• Healthy marriage and relationships workshops | • Fathers learn to be more loving, responsible caregivers  
• Fathers become active participants in their children’s lives  
• Fathers gain or maintain employment |

**Fathers with children under 24 years old, including fathers involved in the child welfare and criminal justice systems**

**Outcomes**

**Employment**

After participating in the program...

- **96%** of fathers know how to apply for a job
- **100%** fathers are confident in their ability to conduct an effective job search
- **96%** of fathers are confident in their interviewing skills

Percentage of fathers with employment:

- **51%** at Intake
- **82%** at Follow-Up

**Family Unification**

**74%** of fathers report spending more time with their children after participating in the program

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CHILDREN’S INSTITUTE | IMPACT REPORT 2018-2019
## Project ABC

### Enrollment
78 families with children ages 0–5 served

Children ages 0–5 with mental health concerns who are involved in or at risk of involvement in the child welfare system, and their families

### Goals
- Improve mental health and strengthen families
- Reduce mental health stigma and increase access to and utilization of mental health services
- Create a system of care for children who could benefit from mental health services
- Strengthen and expand the 0–5 workforce

### Services
- SAMHSA-funded collaborative partnership among child welfare, mental health, and community-based agencies
- Evidence-based practices for children ages 0–5 and their families
- Training for the 0–5 workforce

### Approach
We collaborate with partner agencies and communities to reform systems of care, using multiple proven strategies:
- Culturally Responsive
- Systems of Care Reform
- Child-and Family-Centered
- Data-Informed
- Partnership-Based
- Grounded in Developmental Knowledge

### Outcomes

#### Mental Health
Percentage of Project ABC caregivers experiencing depression
- Percentage of similar U.S. adults experiencing depression¹
  - Intake: 61%
  - 6 Months: 33%

- 37%

#### Protective Factors
- 70% of children experience a reduction in mental health needs within 6 months
- 85% of families strengthen at least one protective factor, such as knowledge of parenting and attachment

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¹ Source: Mental Health America (2019)
Children Exposed to Gun Violence in Watts

<table>
<thead>
<tr>
<th>Enrollment</th>
<th>Services</th>
<th>Goals</th>
</tr>
</thead>
<tbody>
<tr>
<td>67 children served</td>
<td>• We partner with Los Angeles Police Department and the Los Angeles City Attorney’s Office</td>
<td>• Increase family capacity to cope with trauma</td>
</tr>
<tr>
<td>1,840 community event and training attendees</td>
<td>• Crisis counseling</td>
<td>• Increase family access to supportive resources</td>
</tr>
<tr>
<td></td>
<td>• Case management and linkages to services</td>
<td>• Increase knowledge of gun violence-related trauma</td>
</tr>
<tr>
<td></td>
<td>• School, community, and professional training related to gun violence, trauma, and mental health</td>
<td>• Increase trauma-informed care in schools</td>
</tr>
</tbody>
</table>

Success Stories

71% of children and their families exposed to gun violence are linked to necessary resources and services

Case Management: Rosa*

Rosa and her family were no strangers to gun violence. Their home was located near the entryway of a housing development where shots were often fired. Program staff reached out to the family after Rosa’s son’s girlfriend was injured in a shooting. After some hesitation, Rosa eventually agreed to services. She expressed a desire to support her family’s well-being, informing staff that both she and her older son had previously been injured by gun violence and that all her children slept in one room for fear of bullets entering their home. Rosa and other family members were linked with individual and family therapy and victims of crime compensation, which ultimately enabled the family to relocate to a new home. Rosa and her family now feel safer and more at ease.

Crisis Counseling: Nick*

Nick, a 15-year-old boy, witnessed his father shot in front of his home. When program staff reached out to the family following a call from the Los Angeles Police Department, Nick was shaken, angry, and wanted to seek retaliation. He met with his crisis counselor once a week to explore and process his feelings. After successfully completing his counseling sessions, Nick said that he benefited from meeting with his counselor because his thoughts and feelings were validated and understood. Nick was linked to other Behavioral Health and Wellness services at Children’s Institute for continued support.

* Names have been changed
Developing Trauma-Resilient Communities Through Community Capacity Building

### Enrollment
- Children birth through age 15 living in South Los Angeles and Compton, and their families

### Services
- Integrated network of care, including case navigation, parent education and support groups, community events, and behavioral health screenings and support. We partner with:
  - St. John’s Well Child and Family Center
  - Watts Leadership Institute (WLI)
  - Partners for Children South LA (PCSLA)

### Goals
- Support community-driven solutions for healing and build capacity to address trauma
- Create a sustainable framework for outreach and engagement, resource and service provision, and training

### Outcomes

#### Power of Wellness
In May 2019, Children’s Institute presented the *Power of Wellness: Community Connections* kickoff event. The event for professionals and community members included:
- **807** attendees
- **125** staff and volunteers
- **56** community organizations

- **95%** of attendees had a better understanding of health and wellbeing

- **90%** of attendees thought they would be more likely to seek out mental health services, due to what they learned

#### Community Engagement
- **165** caregivers and pregnant/parenting teens served through PCSLA support groups
- **481** clients from 202 families enrolled into the PCSLA Early Childhood System of Care
- **41** listening sessions, focus groups, and individual interviews hosted by CII and WLI to learn about residents’ experiences with trauma
- **186** community meetings held on topics including trauma and community capacity building
- **42** families referred to mental health treatment
Strengthening Families

Serving children involved in the child welfare system, these programs empower families to establish safe and stable environments.

89% of families with high need for support improve nurturing and attachment with their child after three months in CII programs.

WHAT WE KNOW

In Los Angeles...

18,512 children experienced out-of-home placement in 2018¹

223,000+ annual calls are placed to the Child Protection Hotline of the Department of Children and Family Services²

2,300+ youth transitioning from foster care experience homelessness on any given night³

WHAT WE DO

✓ Prevention and Aftercare: Dual-generation services for families involved in or at risk of involvement in the child welfare system

✓ CalWORKs: Support for caregivers experiencing mental health barriers to employment

✓ Family Preservation: Home-based support to reduce risk of children’s out-of-home placement

✓ Partnerships for Families: Home-based support and community outreach to reduce risk of out-of-home placement for children 0–5

✓ Individualized Transition Skills Program: One-on-one and group support for youth transitioning out of the foster care system
## Prevention and Aftercare

<table>
<thead>
<tr>
<th>Enrollment</th>
<th>Services</th>
<th>Goals</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>555</strong> children served</td>
<td>Integrated network of care, including case navigation, parent education and support groups, community events, and behavioral and mental health support. We partner with:</td>
<td>• Strengthen family functioning, social support, and parenting skills</td>
</tr>
<tr>
<td><strong>1,060</strong> community event attendees</td>
<td>• Koreatown Youth and Community Center</td>
<td>• Increase child safety within the home</td>
</tr>
<tr>
<td></td>
<td>• Para Los Niños</td>
<td>• Prevent child maltreatment and reentry into the public child welfare system</td>
</tr>
<tr>
<td></td>
<td>• El Centro Del Pueblo</td>
<td>• Increase access to supportive resources</td>
</tr>
<tr>
<td></td>
<td>• St. Anne’s</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Children’s Bureau</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• All People’s Community Center</td>
<td></td>
</tr>
</tbody>
</table>

### Outcomes

#### Protective Factors

- **97%** of families strengthen one or more protective factors, including knowledge of parenting and attachment

#### Community Events

- **93%** of clients are likely to recommend Prevention and Aftercare community events to friends and family

#### Parenting Education

- **83%** of caregivers improve empathy towards their children’s needs

#### More than half

- of clients improve family functioning within the first three months of service
CalWORKs

<table>
<thead>
<tr>
<th>Enrollment</th>
<th>Services</th>
<th>Goals</th>
</tr>
</thead>
</table>
| 182 caregivers served | - Individual therapy  
- Weekly employment services for clients receiving individual placement and support, including:  
  - Mock interviews  
  - Life skills groups | - Improve caregivers’ daily functioning and mental health  
- Provide caregivers with the key skills to obtain and maintain successful employment |

CalWORKs recipients who experience a mental health barrier to employment, and their children

Outcomes

**Mental Health**
- **92%** of caregivers experience decreased distress from mental health symptoms

**Daily Functioning**
- **90%** of caregivers have lower stress and anxiety levels  
- **67%** of caregivers have fewer barriers to employment

**Employment**
- **40%** of caregivers obtain or maintain employment  
- **70%** of caregivers improve their application and job search skills  
- **65%** of caregivers have better access to financial resources  
- **61%** of caregivers have strong interviewing skills
Family Preservation

Enrollment
- 507 caregivers served
- 1,190 family members served

Services
- Weekly home visits
- Care planning with family members and key service providers
- Parent training and education
- Support for basic needs, such as auxiliary funds and transportation
- Linkages to additional services as needed

Goals
- Reduce risk for child out-of-home placement
- Build family protective factors
- Successful resolution of DCFS or court involvement
- Family reunification

Outcomes

Family Self-Sufficiency
- 78% of families meet their care plan goals
- 94% of caregivers get all the help they need

Protective Factors
Percentage of families with high needs at intake and improvement after 3 months

- 84% Family Functioning
- 85% Social Support
- 73% Concrete Support
- 79% Self-Control

92% of caregivers use other resources in the community that they have learned about through Family Preservation.
Partnerships for Families

**Enrollment**
- 110 caregivers served
- 351 family members served

**Services**
- Home visitation
- Care planning and management
- Parenting education
- Developmental screenings and early childhood interventions
- Community outreach and workshops

**Goals**
- Build protective factors and reduce risk factors
- Promote access to services and supports for families
- Prevent future DCFS involvement
- Support child development

**Outcomes**

**Child Development**
Percentage of children who meet developmental expectations or show improvement

- 85% in communication skills
- 89% in gross motor skills
- 85% in personal-social skills

**Family Strengthening**

- 91% learn about other resources or services for their families
- 97% of families improve in one or more protective factors, including knowledge of parenting and attachment
- 74% use other resources or services that were recommended by CII staff
Individualized Transition Skills Program

<table>
<thead>
<tr>
<th>Enrollment</th>
<th>Services</th>
<th>Goals</th>
</tr>
</thead>
<tbody>
<tr>
<td>527 youth served</td>
<td>• Individualized, one-on-one support</td>
<td>• Ensure youth transition successfully to adulthood</td>
</tr>
<tr>
<td>Youth ages 16-21 with current or former foster care involvement</td>
<td>• Monthly workshops that build life skills</td>
<td>• Provide youth with the social support, concrete support, and life skills needed to lead healthy and productive lives</td>
</tr>
<tr>
<td></td>
<td>• Fostering Social Skills (FS²), a seven-month, small group program that covers mental and sexual health, life skills, and substance use</td>
<td></td>
</tr>
</tbody>
</table>

Outcomes

**Furthering Education**
77% of high school seniors graduated and were accepted to college

**Building Life Skills**
Skills rated on a scale from 1 to 5, with high scores indicating strength

<table>
<thead>
<tr>
<th>Intake</th>
<th>12 Months</th>
</tr>
</thead>
<tbody>
<tr>
<td>Career/Education Planning</td>
<td>3.3</td>
</tr>
<tr>
<td>Housing/Money Management</td>
<td>3.0</td>
</tr>
</tbody>
</table>

**Fostering Social Skills**

“This group meeting has been the best for me, physically, spiritually, and emotionally.”

96% learn how to cope with real life situations

96% are clearer about their goals and how to achieve them

96% learn a lot about social and leadership skills

88% make friends through the program
Advancing the Field of Child & Family Services
2018–2019 Conference Presentations

16th Hawai‘i International Summit on Preventing and Treating Trauma Across the Lifespan
Honolulu, HI
- Early Childhood Mental Health – What it is and Why it is Important

99th Annual Western Psychological Association Convention
Pasadena, CA
- Comparing Whether MAP or PCIT is More Effective for Treating Children with Behavioral Problems
- Predictors of Successful Completion of an Adolescent Substance Abuse Program

24th International Summit on Violence, Abuse, and Trauma Across the Lifespan
San Diego, CA
- An Evaluation of Child-Parent Psychotherapy: Provider, County, and Consumer Perspectives

30th Annual National Federation of Families for Children Mental Health Conference
Phoenix, AZ
- Collaborating Across Systems to Support Children Exposed to Gun Violence

Side by Side Professional Symposium
Torrance, CA
- The More We Get Together: System of Care Principles and the Importance of Transdisciplinary Collaboration

One Child, Many Hands: A Multidisciplinary Conference on Child Welfare
Philadelphia, PA
- 0–5 Supports for Strengthening Families

Alliance for Strong Families and Communities 2019 National Conference
Indianapolis, IN
- Toxic Stress and the Developing Brain: Prevention through Home Visiting
- Innovative and Practical Strategies for Strengthening Families
Strengthening the Workforce

Children’s Institute Training

In 2018–2019, CII provided:

- 1,154 total hours of training to 12,496 professionals

# of professionals trained by area:

- Evidence-based practices: 284
- Project ABC-affiliated trainings: 2,212
- Fatherhood: 1,740
- Early childhood education: 4,787
- Other clinical and community trainings: 3,473

# of graduate-level students CII trained:

- 20 Doctoral and Master’s-level students

12th Annual Fatherhood Solution Conference

In June 2019, CII hosted the Fatherhood Solution Conference, “Fatherhood Involvement: Shaping the Next Generation”

- 428 participants attended
- 14 workshops presented on:
  - Father mental wellness
  - Early care and education
  - Community support
  - Health education
  - Family healing and engagement
Measures by Program

Measures are the surveys and questionnaires that CII clients and staff complete in order to evaluate client needs and program outcomes. The measures listed below represent only those used in the creation of this report.

**Early Childhood Programs**

- Ages and Stages Questionnaire, Third Edition
- Desired Results Developmental Profile
- Protective Factors Survey
- Family Outcomes Survey
- Parent Survey

**Early Head Start & Head Start**

- Protective Factors Survey
- Ages and Stages Questionnaires, Third Edition

**Select Home Visitation**

- Life Skills Progression
- Protective Factors Survey
- Ages and Stages Questionnaires, Third Edition

**Healthy Moms, Healthy Kids**

- Center for Epidemiologic Studies Depression Scale
- Parenting Stress Index

**Therapeutic Preschool**

- Caregiver-Teacher Report Form

**Behavioral Health & Wellness**

- Youth Outcome Questionnaire

**Evidence-Based Practices**

- Trauma Symptoms Checklist for Young Children
- Eyberg Child Behavior Checklist
- UCLA PTSD Reaction Index—Child/Adolescent
- Youth Outcome Questionnaire—Self-Report
- Substance Abuse Subtle Screening Inventory
- Youth Sexual Behavior Inventory

**Intensive Services**

- Outcome Measures Application

**Community Innovations**

- Project Fatherhood
- nForm
- Project ABC
- Protective Factors Survey
- Center for Epidemiologic Studies Depression Scale
- Baby Pediatric Symptom Checklist
- Preschool Pediatric Symptom Checklist
- Pediatric Symptom Checklist-17

**Developing Trauma-Resilient Communities Through Community Capacity Building**

- Power of Wellness Event Satisfaction Survey

**Strengthening Families**

- Protective Factors Survey

**Prevention and Aftercare**

- Community Event Survey
- Adult-Adolescent Parenting Inventory

**CalWORKs**

- Symptom Checklist
- Perceived Stress Scale
- Employment Barrier Questionnaire
- Job Skill Questionnaire
- Financial Knowledge Questionnaire

**Family Preservation**

- Protective Factors Survey
- Youth Services Survey for Families

**Partnerships for Families**

- Ages and Stages Questionnaires, Third Edition
- Protective Factors Survey
- Youth Services Survey for Families

**Individualized Transition Skills Program**

- Casey Life Skills Assessment
- Financial Literacy Survey
- Barriers to Employability Staff-Report
- FS* Satisfaction Survey
References

Introduction

Early Childhood Services

Behavioral Health & Wellness

Community Innovations

Project ABC

Strengthening Families